

Regulations for Studio Membership

1. Training

The owner and any employees (including freelancers) who are working as pilates trainers must all be active members of Pilatessuisse.

Any trainees / apprentices / interns must be student members of Pilatessuisse.

Teachers who only teach mat work are regarded as apprentices.

2. Studio equipment

The pilates studio must be equipped with the following equipment as a minimum:

- Cadillac
- Reformer
- Chair
- Ladder Barrel
- Spine Corrector
- Mat

3. Range of services offered

The pilates studio offers the following services:

- Private classes, and/or
- Semi-private (incl. for three people or four people), and/or
- Small group classes for a maximum of eight participants.

The studio may teach classical and/or contemporary pilates.

4. Insurance

The studio must have business liability insurance cover.

5. Subsidiaries

Owners of multiple studios must apply for individual studio membership for each subsidiary.



6. Entry into force

These Regulations were approved at the General Meeting of Members on 23rd March 2018 and came into force with immediate effect.

Date: 23rd March 2018 Signatures of the Presidents:

Andrea Keller Leuenberger

Linda Mathys

Signature of the Minutes Secretary:

Evelyne Besser